

PHSE/RSE/Safeguarding Curriculum



Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are: **Created and loved by God** (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

Created to love others (this explores an individual's relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

Created to live in community – local, national & global (this explores the individual's relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of 'Education in Virtue' and 'Religious Understanding' as well as strands which cover the PSHE content of the theme.

**From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.*

It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil's involvement within Collective Worship.

Foundation Stage		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 1: Created and Loved by God	I know: That I am made by God	Myself (Domestic Church- Autumn term)	Wonder at God's love Nursery p.7	Module 1: handmade with love	1. We are all special		Picture my World resource	
	What I am good at		God loves each of us in our uniqueness Reception p.12	Module 1: Me, my body, my health	2. I can say one good thing about myself	Self-confidence and self-awareness (40-60+mths)	Picture My World	
	Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church Spring term)		Module 1: Emotional wellbeing			Picture My World resource	World Environment Day 5 June
	I know: That I am living and growing	Growing (Lent/Easter Spring term)		Module 1: Life cycles		The world (30 – 50mths)	Harvest Resources	
	That a baby grows inside its mother's womb before birth		God loves each of us in our uniqueness Reception p.14	Module 1: Life cycles				International Women's Day

Foundation Stage		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 1: Created and Loved by God	I can: Identify living things			Module 1: Life Cycles		Understanding the world (30 – 50mths)		World Wildlife day 3 March
	Be patient when I do not get what I want straight away			Module 1: Emotional wellbeing		Managing feelings and behaviour (30-50mths)		
	I know: What I like and dislike		Wonder at God's love Nursery p.9	Module 1: Emotional wellbeing		Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Name similarities and differences between myself and others		Wonder at God's love Nursery p.8 God loves each of us in our uniqueness Reception p.11	Module 1: Me, my body, my health	35. I notice we are the same and we are different	The world (40-60+mths)		World Day for Cultural Diversity 21 June
	Keep clean by washing and drying my hands			Module 1: Me, my body, my health		Health and self – care (30-50mths)		World Health Day 7 April World water day 22 March
	Say how I feel at different times		Wonder at God's love Nursery p.9	Module 1: Emotional wellbeing				

Foundation Stage		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 2: Created to love others	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14	Module 2: Created to love others	27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June
	I can: Say 'please' and 'thankyou'			Module: Created to love others	19. I try to use words that make the world a better place	Managing feelings and behaviour (40-60+mths)	Picture my World resource	
	That God loves me and I can talk to God through prayer	All Topics	Wonder at God's love Nursery p.10 God loves each of us in our uniqueness Reception p.14	Module 2: Religious understanding				
	Say 'sorry'	Friends (Reconciliation-Summer term)		Module 2: personal relationships	31. I know how to show I am sorry	Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September
	That Jesus cares for me and I am part	Myself (Domestic Church-Autumn term)		Module 2: personal relationships				Universal children's day 20 November

	of God's family							
Foundation Stage		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 2: Created to love others	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)		Module 2: personal relationships				
	I know: Who can help me in school			Module 2: Keeping Safe	25. I know when to ask for help and who to ask for help from	Self-confidence and selfawareness (30-50mths)		
	That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)	God loves each of us in our uniqueness Reception p.11	Module 2: Created to love others		Understanding the world People and communities(22-36mths)		International Day of Families 15 May
	I can: Identify special people (family, carers, friends) in my life		God loves each of us in our uniqueness Reception p.12	Module 2: keeping safe		Making relationships (30-50mths)		

	When people are being unkind to me or others and how to respond			Module 2: keeping safe	5. I know what to do if I see anyone being hurt	Making relationships (30-50mths)		
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Foundation Stage		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals		Links to CAFOD Resources	Links to Global Calendar
Theme 3: Created to line in community – local, global & national	To explore who my neighbour is – locally / globally	Our World (Universal Church Summer term)		Module 3: Religious Understanding				Picture my World resource	
	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14	Module 3: Religious Understanding	27. I know how to help others when they are in trouble	Making relationships (22–36mths)			Fair Trade Fortnight February Refugee Week June
	Right and wrong actions	Friends (Reconciliation-Summer term)		Module 3: Religious Understanding		Managing feelings and behaviour (40-60+mths)			
	To make the sign of the cross			Module 3: Religious Understanding					
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)		Module 3: Religious Understanding	19. I try to use words that make the world a better place				

	Show friendly behaviour towards others		God loves each of us in our uniqueness Reception p.13	Module 3: living in the wider world		Making relationships (30-50mths)			Fair Trade Fortnight February
	Ask questions about the wider world	Our World (Universal Church Summer term)		Module 3: living in the wider world		Understanding the world –the world (40-60+mths)		God's Wonderful World linked to (Come and See Universal Church)	World Environment Day 5 June

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church-Autumn term)		Module 1 Unit 2 Session 1 I am Unique	2. I can say one good thing about myself			
	Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16	Module 2 Unit 2 Session 1 Special People	20. I try to appreciate the beauty and the wonder in the world around me	Picture My World resource A Day with Musa resource	World Environment Day 5 June	
	I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15	Module 1 Unit 4 Session 1 The Cycle of Life				

	That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)					International Women's Day 8 March	
	Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)			23. I try to keep going when things get difficult and not give up hope			

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I can: Identify the needs of people and other living things.						Human Rights Day 10 December	
	Describe the similarities and differences between people (general)			Module 1 Unit 2 Session 2 Girls and Boys	35. I notice that we are the same and we are different	A Day with Musa resource	World Day for Cultural Diversity 21 June	Difference & Diversity (Y1)

	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			Module 1 Unit 2 Session 3 Clean and healthy	9. I can tell you how I look after myself 10. I think before I make choices that affect my health (circle time)	Health resource Water resource	World Health Day 7 April World Water Day 22 March	Being Healthy (Y1)
	I know: That we all have different likes and dislikes			Module 1 Unit 3 Session 1 Feelings, Likes and Dislikes		A Day with Musa resource One Day One World resource		Difference & Diversity (Y1)

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God's love in our family Y1 p.15 We meet God's love in the community Y2 p.19	Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)		International Day of Families 15 May	3. I can say how I feel (circle time)

	I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God's love in our family Y1 p.18	Module 1 Unit 1 Story Sessions Handmade with Love Module 2 Unit 1 Session 1 God Loves You	1. We are all special		Universal Children's Day 20 November	1. We are all special
	Talk about my mood and know that how I am feeling is a normal part of daily life			Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)			3. I can say how I feel (circle time)

Key Stage One	Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
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Theme 2: Created to love others	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			Module 2 Unit 2 Session 2 Treat Others Well	19. I try to use words that make the world a better place			
	That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18 We meet God's love in the community Y2 p.19- 22	All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church Summer term)	We meet God's love in the community Y2 p.19		15. I know belong to a community that includes my school	Refugees resource Universal Church topics	World Refugee Day 20 June	
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry		International Day of Peace 21 September	

Key Stage One	Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
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Theme 2: Created to love others	Be forgiving, able to say sorry to mend relationships	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry 29. I try to forgive people when they hurt me		International day of Peace 21 September	
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself	Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	
	Look after myself and show respect to others			Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself	Picture My World resource A Day with Musa resource	World Faith Week 22-29 October	Being Healthy (Y1)
	Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			Being Responsible (Y2)
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry				Being Responsible (Y2)

Key Stage One	Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD	Links to Global	PSHE Matters
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						Resources	Calendar	
Theme 2: Created to love others	Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 2 Feelings Inside and Out Module 1 Unit 3 Session 3 Super Susie Gets Angry	3. I can say how I feel (circle time)			Exploring Emotions (Y2)
	Describe how to keep safe in the sun			Module 2 Unit 3 Session 1 Being Safe	9. I can tell you how I look after myself 10. I think before I make choices that affect my health (circle time)	Health resource	World Health Day 7 April	Being Safe (Y2)
	I know: Who to go to if I am worried or need help			Module 2 Unit 3 Session 1 Being Safe	25. I know when to ask for help and who to ask for help from			Being Safe (Y2)
	That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 1 Special People			Refugee Week June International Day of Families 15 May	

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can: Recognise what makes people special.			Module 2 Unit 2 Session 1 Special People	1. We are all special	KS1 Bangladesh resource	International Day for Children 12 April	
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			Module 1 Unit 3 Session 2 Feelings Inside and Out Module 2 Unit 2 Session 2 Treat Others Well	5. I know what to do if I see anyone being hurt 7. I try to stand up for myself and others		Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 2 Treat Others Well			Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)
	Recognise the characteristics of positive and negative relationships			Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			Relationships (Y1)
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable			Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)		Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)
	Get adult help if someone is hurt		27. I know how to help others when they are in trouble					Emergency Services Day

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 3: Created to line in community – local, global & national	Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term) Neighbours Y1 (Universal Church Summer term)		Module 3 Unit 1 Session 2 Who is My Neighbour? Module 3 Unit 2 Session 1 The Communities We Live In	15. I know I belong to a community that includes my school	KS1 Bangladesh resource Laudato Si Care for our Common Home		
	Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church Summer term)	We meet God's love in the community Y2 p.19	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Who is my Neighbour		Fair Trade Resource Laudato Si Care for our Common Home		
	To make, and understand the sign of the cross							
	Be friendly and can make friends			Module 2 Unit 2 Session 2 Treat Others Well	18. I cooperate with others in work and play. (circle time)			Relationships (Y1)
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry				Relationships (Y1)

Key Stage One		Come and See	Journey in Love	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 3: Created to line in community – local, global & national	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation- Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself	Picture My World resource A Day with Musa resource		Bullying Matter (Y2) Exploring Emotions (Y1)

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church-Autumn term) Other Faiths weeks	God loves us in all our differences Y4 p. 28 -32	Module 4a: Made In the Image of God Module 4d: God is Happy! Let's be like God Module 4j: The Mass, the Sacraments and God's Life	Module 1 Unit 1 Story Sessions Designed for a Purpose Module 1 Unit 2 Session 1 We Don't Have to be the Same			One Day One World	
	That God wants me to use my individual gifts, talents and abilities		God loves us in all our differences Y4 p.30	Module 4d: God is Happy! Let's be like God	Module 1 Unit 2 Session 1 We Don't Have to be the Same				
	Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		Module 4h: God saves me from me!	Module 2 Unit 2 Session 1 Family, Friends and Others			Peace and Conflict resource	
	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church-Autumn term) Other Faiths weeks	God loves us in all our differences Y4 p. 28 -32	Module 4a: Made In the Image of God Module 4d: God is Happy! Let's be like God Module 4j: The Mass, the Sacraments and God's Life	Module 1 Unit 1 Story Sessions Designed for a Purpose Module 1 Unit 2 Session 1 We Don't Have to be the Same			One Day One World	

	Lower Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
	That God wants me to use my individual gifts, talents and abilities		God loves us in all our differences Y4 p.30	Module 4d: God is Happy! Let's be like God	Module 1 Unit 2 Session 1 We Don't Have to be the Same				
	Be grateful to others for the good things in my life	Homes Y3 (Domestic Church-Autumn term)			Module 2 Unit 2 Session 1 Family, Friends and Others	20. I try to appreciate the beauty and the wonder in the world around me			
	I know: That my body is changing as I grow and some of the changes that occur throughout life.		God loves us in all our differences Y4 p.28-32	Module 4g: I don't quite work correctly – and that's okay!	Module 1 Unit 2 Session 3 What is Puberty? (optional – can be left to Upper KS2) Module 1 Unit 2 Session 4 Changing Bodies (optional – can be left to Upper KS2)				
	How a baby grows and develops in its mother's womb	Visitors Y3 (Advent-Autumn term)	God loves us in all our differences Y4 p.28-32		Module 1 Unit 4 Session 1 Life Cycles (optional – can be left to Upper KS2)				
	Accept that I do not always get what I want and show an awareness of why this is	Self-Discipline Y4 (Lent/Easter-Spring term)		Module4f: Obedience in Jesus Module 4h: God saves me from me!		10. I think before I make choices that affect my health			

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar
Theme 1: Created and Loved by God	I can: Describe the needs of people and other living things, including the need to reproduce		God loves us in all our differences Y4 p.28-32		Module 1 Unit 1 Story Sessions Designed for a purpose			
	Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		God loves us in all our differences Y4 p.28-32		Module 1 Unit 2 Session 4 Changing Bodies	35. I notice that we are the same and we are different		One Day One World resource
	Describe a healthy lifestyle, including physical activity, dental health, healthy eating, sleep and hygiene				Module 1 Unit 2 Session 2 Respecting Our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals including humans Y3 Sc3/2.2	Being Healthy Y3 P.38

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I can: Confidently say what I like and dislike		How we live in love Y3 p.26			2. I can say one good thing about myself		One Day One World resource	Exploring Emotions Y3 P.38
	I can: Describe the wider range of my feelings		God loves us in all our differences Y4 p.30-32	Module 4c: Happiness, Conscience and Emotions	Module 1 Unit 3 Session 1 What Am I Feeling?				Exploring Emotions Y3 P.38
	Describe changes that happen in life e.g. loss, separation, divorce and bereavement	Community Y4 (Local Church-Spring term)		Module 4g: I don't quite work correctly – and that's okay!	Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful	3. I can say how I feel (circle time)			Changes Y4 P.50
	Describe some ways to maintain good mental health, (exercise, diet sleep, company)					3. I can say how I feel (circle time)			Being Healthy Y3 P.38

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can Be courteous, showing good manners at home and in school	Module4f: Obedience in Jesus	Module 2 Unit 2 Session 1 Family, Friends and Others			19. I try to use words that make the world a better place			
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23 God loves us in all our differences Y4 p.28-32	Module 4e: Adopted by God: Receiving his Love Module 4h: God saves me from me!		All Units from 'Life to the Full' introduce children to a variety of ways to pray			
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term) Called Y4 Baptism/ConfirmationAutumn term		Module 4b: Happiness Module4f: Obedience in Jesus Module 4i: Baptism, Holy Communion and Confirmation	Module 3 Unit 1 Session 2 Where is Church?	15. I know I belong to a community that includes my school	Refugees resource Universal Church topics	Refugee Week June International Day of Families 15 May	
	That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	God loves us in all our differences Y4 p.30	Module4f: Obedience in Jesus	Module 2 Unit 1 Story Sessions Jesus My Friend	33. I try to accept forgiveness from others			

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
Theme 2: Created to love others	Describe how and why to keep safe in the sun			Module4f: Obedience in Jesus	Module 1 Unit 2 Session 2 Respecting Our Bodies			World Health Day 7 April	
	Be respectful of myself and others, recognising differences		How we live in love Y3 p.23	Module 4a: Made In the Image of God	Module 1 Unit 2 Session 1 We Don't Have to be the Same	33. I know what human dignity means and I show that I respect others	One Day One World resource	World Faith Week 22-29 October	Difference and Diversity Y3 Being Responsible Y3
	Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation - Summer term	How we live in love Y3 p.25	Module 4a: Made In the Image of God	Module 2 Unit 2 Session 1 Family, Friends and Others	31. I know how to show I am sorry			Being Responsible Y3

	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 4b: Happiness	Module 2 Unit 2 Session 1 Family, Friends and Others		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February	Exploring Emotions Y3 Being Responsible Y3
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Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
Theme 2: Created to love others	I know: That some behaviour is unacceptable		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 4f: Obedience in Jesus Module 4h: God saves me from me!	Module 2 Unit 2 Session 2 When Things Feel Bad	5. I know what to do if I see anyone being hurt		Global Neighbours resource Laudato Si Care for our Common Home	Exploring Emotions Y3
	Cope with natural negative emotions and show resilience following setbacks		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 4c: Happiness, Conscience and Emotions	Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful	23. I try to keep going when things get difficult and not give up hope			Exploring Emotions Y3

	I know: That I can go to a number of different people for help in different situations.		How we live in love Y3 p.23		Module 2 Unit 2 Session 2 When Things Feel Bad	25. I know when to ask for help and who to ask for help from			Being Safe Y4
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church-Autumn term)		Module 4e: Adopted by God: Receiving his Love	Module 2 Unit 2 Session 1 Family, Friends and Others	35. I notice that we are the same and we are different			Relationships Y4
Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
Theme 2: Created to love others	What bullying is (including cyberbullying) and how to respond				Module 2 Unit 2 Session 2 When Things Feel Bad				Bullying Matters Y3
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	How we live in love Y3 p.23	Module 4j: The Mass, the Sacraments and God's Life	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			

	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online				Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Being Safe Y4
	Make a clear and efficient call to emergency services if necessary					27. I know how to help others when they are in trouble			
	That not all images, language and behaviour are appropriate			Module 4h: God saves me from me!	Module 2 Unit 2 Session 2 When Things Feel Bad Module 2 Unit 3 Session 2 Chatting Online	26. I can recognise comfortable and uncomfortable feelings (circle time)			

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
Theme 2: Created to love others	The difference between good and bad secrets				Module 2 Unit 2 Session 2 When Things Feel Bad Module 2 Unit 3 Session 3 Physical	15. I know I belong to a community that includes my school			Relationships Y3

					Contact				
	Why social media, some computer games and online gambling, for example, are age restricted.				Module 2 Unit 3 Session 2 Chatting Online				Being Safe Y4
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health				Module 2 Unit 3 Session 2 Chatting Online				Being Safe Y4
	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.				Module 2 Unit 3 Session 2 Chatting Online				

Lower Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
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Theme 3: Created to live in a community	Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation Summer term)	How we live in love Y3 p.24	Module 4d: God is Happy! Let's be like God	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			
	Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation Summer term) Other Faiths weeks	How we live in love Y3 p.23	Module 4h: God saves me from me!	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Where is Church?	18. I cooperate with others in work and play (circle time)	Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	
	Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church Summer term)			Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Where is Church?		Climate and Environment Resource Fair Trade Resource Laudato Si	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	Being Responsible Y3
	That God is Trinity	Special Places Y3 God's People Y4							

Lower Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PHSE Matters
Theme 3: Created to live in a community	That some behaviour is unacceptable					18. I cooperate with others in work and play (circle time)			Being Responsible Y3 Difference and Diversity Y3 Bullying Matters Y3
	That following Jesus' teaching on forgiveness can help me in my relationships with my friends	Choices Y3 Building bridges Y4 (Reconciliation Summer term)							
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 4b: Happiness	Module 2 Unit 2 Session 1 Family, Friends and Others	27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly	All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February	

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
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Theme 1: Created and Loved by God	I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36	Module 5c: God is Relationship: We long to be like Him Module 6c: Life is Fractal! Module 6i: Faith and Evolution Module 6j: Science and Christianity	Module 1 Unit 1 Story sessions Kester's Adventures Module 1 Unit 2 Session 1 Gifts and Talents	1. We are all special		One Day One world resource	
	That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/ BelongingAutumn term)		Module 5c: God is Relationship: We long to be like Him Module 6a: God-given Nature, Freedom and Consent Module 6d: Intellect, Order and Beauty Module 6i: Faith and Evolution Module 6j: Science and Christianity	Module 2 Unit 1 Session 1 Is God Calling You?			Oscar Romero resource	
	I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6	Module 5i: Discernment and Trust part one	Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies			Animals including humans Sc5/2.2a	Growing Up Y6

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar
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Theme 1: Created and Loved by God	About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6		Lower KS2 Life Cycles could be used here Module 1 Unit 4 Session 1			
	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		Y5 p.34 God loves me in my changing and development The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6		Module 1 Unit 3 Sessions 1-3 Making Babies (Part 1 and 2) (parents may withdraw) Session 3 Menstruation			
	About the differences between boys and girls with regard to puberty and reproduction		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.37-39		Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies			

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar
		*SDB Y5 /6		Module 1 Unit 2		Animals including	

Theme 1: Created and Loved by God	About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination				Session 4 Spots and Sleep	9. I can tell you how I look after myself 10. I think before I make choices that affect my health	humans SC6/2.2b	Being Healthy Y5 Drug Education Y6
	I can: Be confident in my relationships with my peers in various situations, including online			Module 5a: Life is Relational – especially for Persons! Module 5j: Discernment and Trust part two	Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online			Relationships Y5 Being Safe Y6
	I can: Describe how my emotions may change and intensify as I grow and move through puberty		God loves me in my changing and development Y5 p.35 *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.42-43	Module 5i: Discernment and Trust part one	Module 1 Unit 3 Session 3 Emotional Changes	3. I can say how I feel		Exploring Emotions Y5 Growing Up Y6

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
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Theme 1: Created and Loved by God	It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.			Module 6b: Person and Nature Module 6g: Formed in their image	Module 1 Unit 3 Session 3 Emotional Changes				Being Healthy Y5 Exploring Emotions Y5
	I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.		Y5 p.33-36 me in God loves ig my changi and nt developme *SDB Y5 /6		Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies				Being Healthy Y5
	Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)	*SDB Y5 /6	Module 6b: Person and Nature	Module 1 Unit 3 Session 3 Emotional Changes				Changes Y6
	Describe the impact that poor lifestyle choices can have on mental health And the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.				Module 1 Unit 2 Session 4 Spots and Sleep	9. I can tell you how I look after myself 10. I think before I make choices that affect my health			Being Healthy Y5
Upper Key Stage Two		Come and See	Journe/ in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters

Theme 2: Created to love others	I can: Be courteous in my dealings with friends and strangers				Module 1 Unit 1 Story sessions Kester's Adventures	19. I try to use words that make the world a better place			
	I know: That some behaviour is unacceptable, unhealthy or risky				Module 1 Unit 3 Session 2 Peculiar Feelings	6. I understand that rights match responsibility			Drugs Y6
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage					9. I can tell you how I look after myself 10. I think before I make choices that affect my health			
	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic Church Autumn term) Other Faiths weeks	God loves me in my changing and development Y5 p.33-36	Module 5g: Tolerance and Solidarity Module 6f: Tolerance of what others think and do		36. I try to be accepting of others		One Day One World resource	Difference and Diversity Y5 Being Responsible Y5

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
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Theme 2: Created to love others	The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)		Module 5a: Life is Relational – especially for Persons! Module 6b: Person and Nature		29. I try to forgive people when they hurt me 33. I try to accept forgiveness from others		Advent and Lent resources	
	Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges		God loves me in my changing and development Y5 p.35	Module 5b: Self-Knowledge, Self-Possession, Self-Gift Module 5i: Discernment and Trust part one Module 5j: Discernment and Trust part two	Module 2 Unit 2 Session 1 Under Pressure Module 2 Unit 2 Session 2 Do You Want a Piece of Cake? Module 1 Unit 3 Session 1 Body Image	9. I can tell you how I look after myself			Changes Y6
	That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local ChurchSpring term) Unity Y6 (Eucharist-Spring term)		Module 5h: God and Dominoes! Module 6e: Being and Doing Module 6h: Faith and Science: The Beginning Module 6i: Faith and Evolution		15. I know I belong to a community that includes my school		Universal Church Topic Year 6	

Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	Be honest, striving to live truthfully and with integrity, using good judgement			Module 5h: God and Dominoes! Module 5j: Discernment and Trust part two	Module 1 Unit 1 Story sessions Kester's Adventures	8. I try to be just and fair			Being Responsible Y5
	Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		Module 5h: God and Dominoes! Module 6g: Formed in their image		27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	
	How to use technology safely				Module 2 Unit 3 Session 1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Difference and Diversity Y5 Being Responsible Y5
	I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them						25. I know when to ask for help and who to ask for help from		

Upper Key Stage Two	Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD	Links to Global	PSHE Matters
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Theme 2: Created to love others	About some basic first-aid, dealing with common injuries					27. I know how to help others when they are in trouble			
	How to make informed choices in relationships		<p>God loves me in my changing and development Y5 p.35</p> <p>The wonder of God's love in creating new life Y6 p.42</p>	<p>Module 5j: Discernment and Trust part one</p> <p>Module 5j: Discernment and Trust part two</p> <p>Module 6g: Formed in their image</p>	<p>Module 2 Unit 3 Session 1 Sharing Online</p> <p>Module 2 Unit 3 Session 2 Chatting Online</p> <p>Module 2 Unit 3 Session 3 Physical Contact</p>			Relationships Y5	
	That my increasing independence brings increased responsibility to keep myself and others safe			Module 5j: Discernment and Trust part two	<p>Module 2 Unit 3 Session 1 Sharing Online</p> <p>Module 2 Unit 3 Session 2 Chatting Online</p>	6. I understand that rights match responsibility			Being Safe Y6 Being Responsible Y5
	That prayer and worship nourish my relationship with God and support my relationships with others	All topics	<p>God loves me in my changing and development Y5 p.36</p> <p>The wonder of God's love in creating new life Y6 p.44</p>	<p>Module 5e: Freedom in Christ</p> <p>Module 6e: Being and Doing</p>	All Units from 'Life to the Full' introduce children to a variety of ways to pray			CAFOD Assembly resources	

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Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.				Module 2 Unit 3 Session 2 Chatting Online	27. I know how to help others when they are in trouble			Being Safe Y6 Being Healthy Y5
	Why social media, some computer games and online gambling, for example, are age restricted.				Module 2 Unit 3 Session 2 Chatting Online				Being Safe Y6 Money Matters Y6

	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health				Module 2 Unit 3 Session 2 Chatting Online	27. I know how to help others when they are in trouble			Being Safe Y6 Bullying Matters Y5
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Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.				Module 2 Unit 3 Session 2 Chatting Online				Being Safe Y6
	How to report and get help if I encounter inappropriate materials or messages			Module 5j: Discernment and Trust part two	Module 1 Unit 3 Session 4 Seeing Stuff Online	25. I know when to ask for help and who to ask for help from			Being Safe Y6

Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 3: Created to live in Community	That there are some cultural practices which are against British law and universal rights (e.g. honourbased violence and forced marriage, human trafficking etc.)				Module 3 Created to live in community				Relationships Y5
	About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		Module 5a: Life is Relational – especially for Persons! Module 5f: Tolerance Module 6f: Tolerance of what others think and do	Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Catholic Social Teaching	36. I try to be accepting of others		Global Neighbours resource	Difference and Diversity Y5
	That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers			Module 6f: Tolerance of what others think and do					Being Responsible Y5

	To know: That God is Trinity, a communion of persons.								
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Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
	Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		Module 6b: Person and Nature Module 6g: Formed in their image	Module 1 Unit 1 Story sessions Kester's Adventures	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	
	Be selfdisciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		Module 5b: Self-Knowledge, Self-Possession, Self-Gift				Advent and Lent Resources	Being Healthy Y5
	I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		Module 6g: Formed in their image	Module 3 Unit 1 Session 1 Trinity House				Relationships Y5

Upper Key Stage Two		Come and See	Journey in Love	A Fertile Heart	Life to the Full	Statements to Live By	Links to CAFOD Resources	Links to Global Calendar	PSHE Matters
Theme 3: Created to live in Community	Be loyal, able to develop and sustain friendships			Module 6a: God-given Nature, Freedom and Consent					Relationships Y5
	Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 5f: Tolerance Module 5g : Tolerance and Solidarity Module 6g: Formed in their image Module 6f: Tolerance of what others think and do	Module 3 Unit 1 Session 2 Catholic Social Teaching			Climate and Environment Resource Laudato Si Care for our Common Home	Being Responsible Y5
	Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 5d: Freedom Module 5g : Tolerance and Solidarity Module 6f: Tolerance of what others think and do	Module 3 Unit 2 Session 1 Reaching Out			Fair Trade Resource Laudato Si Care for our Common Home	Being Responsible Y5
	Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 5a: Life is Relational – especially for Persons! Module 6e: Being and Doing	Module 1 Unit 1 Story sessions Kester's Adventures	29. I try to forgive people when they hurt me			Relationships Y5

	That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread				Module 2				
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