



Sacred Heart CVA @SHeartCVA · Jul 6

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We WON!!!!!! 🌍 the Eco-School 🏆 of the Year and the Judge's Special Award. Our students' exceptional abilities made this year a huge success. We could not be prouder of their remarkable accomplishments 🌟 @EcoSchoolsLCC @sta\_cmat





Sacred Heart CVA @SHeartCVA · Jun 30



Another successful day at our STUDENT-LED POP-UP-SHOP!  
We raised an impressive £30.50 and happily donated it to  
[@CAFODSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 29

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Today, the Eco Team had a successful meeting with Mrs. Dourado, our School Governor, to update her on their efforts to make our school more environmentally friendly. Thank you Mrs. Dourado for your time and consistent support [@EcoSchoolsLCC](#) [@EcoSchools](#)



Thank you  
Mrs Dourado for  
your time. 🌍





Sacred Heart CVA @SHeartCVA · Jun 16



The Pop-Up Shop is bustling today! [@sta\\_cmat](#) [@EcoSchoolsLCC](#)  
[@CAFODSchools](#)





**Sacred Heart CVA** @SHeartCVA · Jun 16



Due to popular demand, we are thrilled to announce that we have successfully conducted 1st Hindi Family Mindfulness Workshop led by Mrs Dushan. Please reach out if you'd like a workshop @yourschool @HarvardChanSPH @sta\_cmat @OMC\_mindfulness @EcoSchoolsLCC @EcoSchools





**Sacred Heart CVA** @SHeartCVA · Jun 16



We had a great time during THE GREAT BIG GREEN WEEK! The kids walked, talked, and looked at nature. We also saw some cool art during our REWILDING WALK & TALK! Great job to everyone!





**Sacred Heart CVA** @SHeartCVA · Jun 16

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Weaving is an art! SB class made looms from recycled card and used leftover fabric from sewing projects. All we needed was some string. The children thoroughly enjoyed it! 🌍🌍@sta\_cmat @EcoSchoolsLCC





**Sacred Heart CVA** @SHeartCVA · Jun 15



Our Eco Club is thriving with innovative ideas! We've created fantastic posters and are working on a magnificent mural. Plus gearing up for POP-UP Shop. Stay tuned for updates. [@sta\\_cmat](#)  
[@EcoSchools](#) [@EcoSchoolsLCC](#)







**Sacred Heart CVA** @SHeartCVA · Jun 12



During the Healthy Eating presentation, the Eco Champions talked about the importance of eating healthy and told us about our upcoming Eco Exhibition on Tuesday, July 4th. [@sta\\_cmat](#)  
[@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 9



The Year 5 students' pop-up shop was a great success and will be open again next Friday. Thank you for your visit! Kindly continue donating, as all the money raised will go to CAFOD.

[@CAFOD](#) [@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 9



Reminder: Bee Hotel Competition is happening this afternoon. Mrs Palmer and Mrs Noronha are excited to see your innovative hotels and select the top 5 winners. Best of luck to you all! #STEM #SaveTheBees #BeeEngaged #WorldBeeDay2023 #RHSSchoolGardening @EcoSchools @EcoSchoolsLCC



**Bee Hotel Competition**

QUEST for the best!

**Friday 9th June 2023**

Judges: Mrs Noronha and Mrs Palmer  
Winners: Top 5 winners will be announced during our assembly and the winners will receive a special present from Mrs Hayles.  
Bring all your Bee Hotels on Friday 9th June 2023.

The poster features a yellow background with a purple floral border. At the top, there is a banner with the text 'Bee Hotel Competition' and a small bee icon. Below the banner is a row of six images showing various bee hotels. The central text is in a large, bold, black font. Below the text, there is another row of six images showing more bee hotels. The bottom right corner of the poster has a large, stylized bee illustration.



**Sacred Heart CVA** @SHeartCVA · Jun 8

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Our Eco Champions would like to share our recently updated Eco Code video. [@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 8



It's time for Beditation 🇧🇷 at Sacred Heart Leicester. Great job to Acorns, Silver Birch, and Elm for participating in our mindfulness session and discovering more about the corpus callosum. 📷 🧠

@EcoSchools @EcoSchoolsLCC @TNHFound

@HarvardChanSPH @OMC\_mindfulness

@MiSPcharity

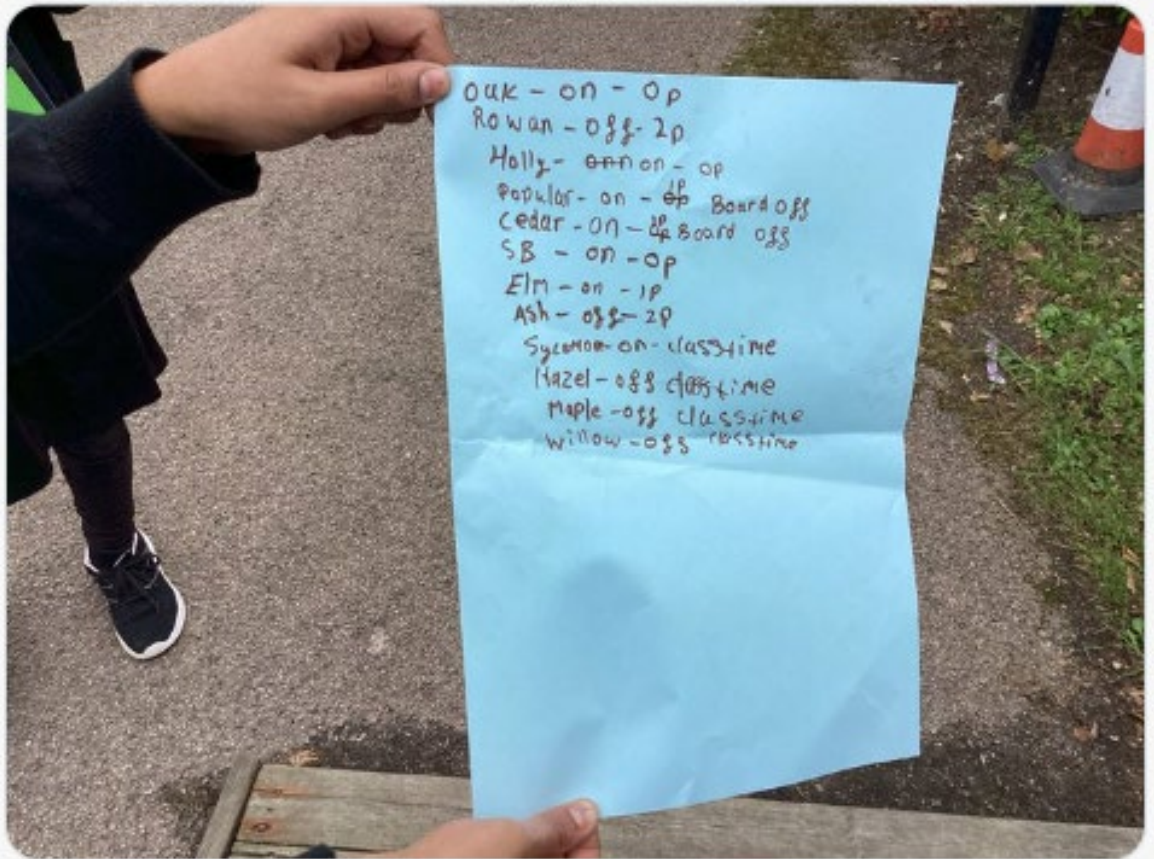




**Sacred Heart CVA** @SHeartCVA · Jun 6



Always aiming to CUT OUR CARBON! CYC CutYourCarbon. Our Energy Rangers monitored energy usage with recycled paper(printer problems cannot stop them). Good job A! for your idea 💡 & for getting the job done!. #EcoSchools @EcoSchoolsLCC





**Sacred Heart CVA** @SHeartCVA · Jun 6



What a fabulous turnout for our Family Mindfulness 🧘 Workshop with Mrs Dushan! Contact us if you'd like to join us. Thank you to all families and loved ones 🙏 who attended. @EcoSchools @EcoSchoolsLCC @TNHFound @HarvardChanSPH @OMC\_mindfulness #Mindfulness @MiSPcharity





**Sacred Heart CVA** @SHeartCVA · Jun 6



Donate old uniforms at our pop-up shop in Rowan class to support [@CAFOD](#) and prevent clothes from ending up in a landfill. Plus, earn a raffle ticket for our Friday draw. Thank you. [@EcoSchools](#) [@EcoSchoolsLCC](#)



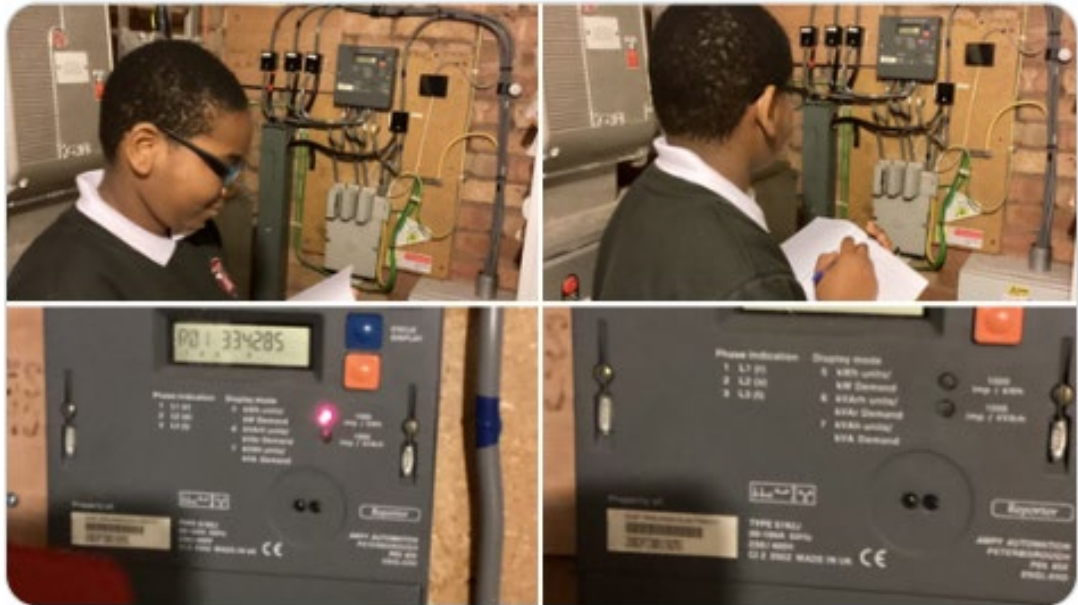




**Sacred Heart CVA** @SHeartCVA · Jun 6

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Switch Off, Sacred Heart! We did brilliantly during our switch-off fortnight. We need to remember to keep switching off and saving energy. Here's A getting us our meter readings and keeping a close watch! @EcoSchools @EcoSchoolsLCC

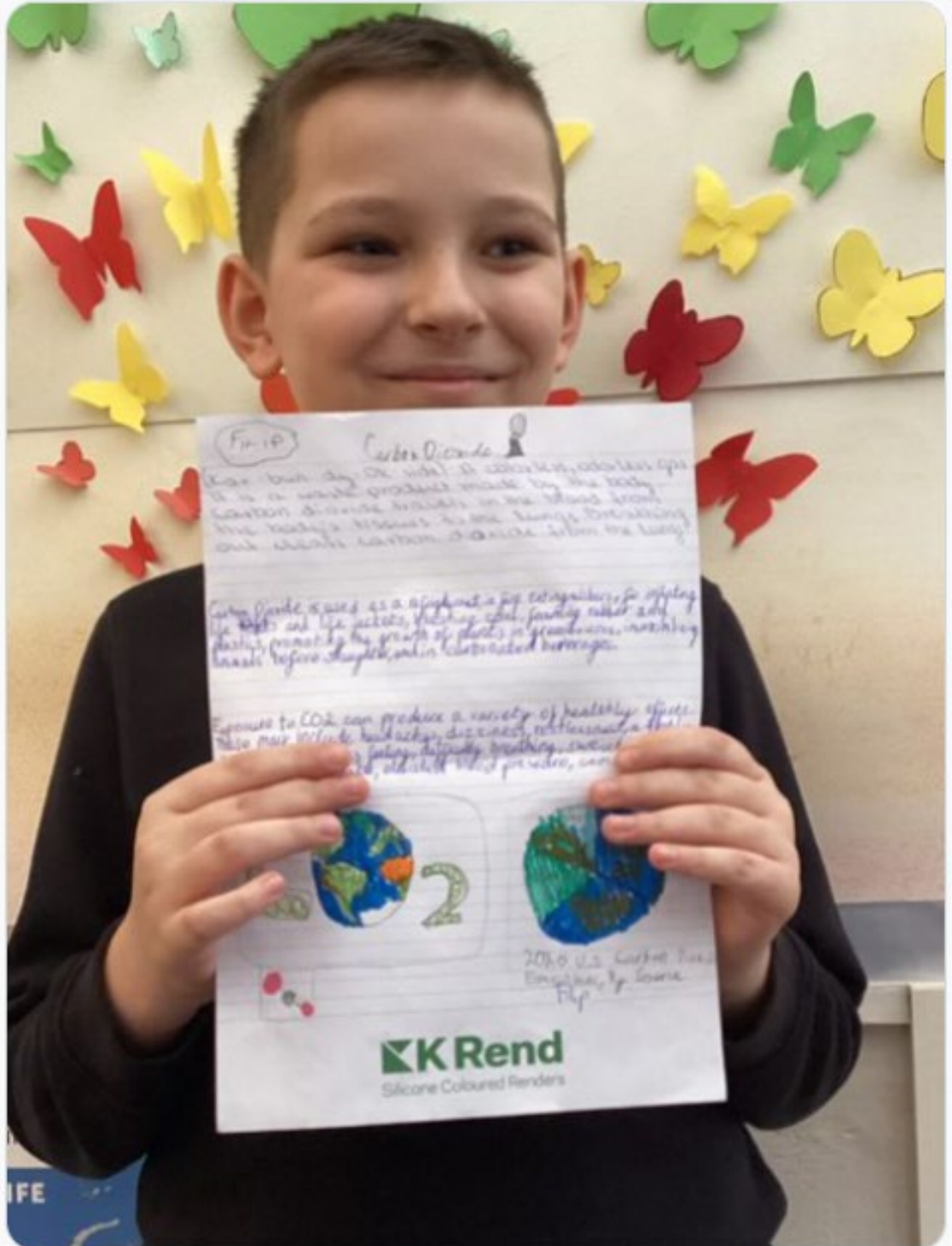




**Sacred Heart CVA** @SHeartCVA · Jun 6



F's research on Carbon dioxide (CO<sub>2</sub>) was excellent 🌟. We are grateful for the posters you created and appreciate the reminder that we have only one planet Earth 🌍 and must take care of it.  
[@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 6



We are continuing to collect single-use bottle caps of all shapes and sizes for our mural. Sycamore Class was the top collecting class for last term's single-use plastic caps. Who will be this week's top winner 🏆? @EcoSchools @EcoSchoolsLCC





**Sacred Heart CVA** @SHeartCVA · Jun 6

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We talked to an expert about School Grounds and learned a lot during our Q&A session. Please share your ideas on how you can help us. [@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 6



A quick reminder to keep up the fantastic work in donating your gently used toys for our pop-up Toy Swap Fridays. Your contributions are highly valued and will be used in a meaningful way. We are grateful for your kindness! [@EcoSchools](#)  
[@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 5



Our students are passionate about the environment 🌍 and organize presentations and eco assemblies. Years 3 and 4 talk to us if you'd like to join the team and make a positive impact.

[@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 5

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Thank you for a wonderful afternoon @the3engineers. We had a fun time learning all our environment and are now getting ready to go litter picking! #the3engineers #WorldEnviornmentDay @STEMHUB\_SE





**Sacred Heart CVA** @SHeartCVA · Jun 5

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Exciting to see our children plant sunflower seeds. Can't wait to see who grows the tallest! Thanks to Mrs Ellingworth's guidance  
[#rhsschoolgardening](#) [#RHSSchoolgarden](#)







**Sacred Heart CVA** @SHeartCVA · Jun 5

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Our water 🌊 monitors diligently perform checks, inspect for leaks, assess drips, report any leaks found, and ultimately conserve water 💧. @EcoSchools @EcoSchoolsLCC



**Sacred Heart CVA** @SHeartCVA · Jun 5

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Thank you, Sharon, for your patience and caring nature! ✅ We have been working hard to look after our environment! Every Friday, we help our school community by collecting paper recycling bags ♻️ from every class and placing them at our drop-off point. @EcoSchools @EcoSchoolsLCC





**Sacred Heart CVA** @SHeartCVA · Jun 5



While crafting our eco code, we were fully engrossed in contemplation and reflection. Children focused on producing a set of guidelines that would promote sustainability and minimize environmental harm. [@EcoSchools](#) [@EcoSchoolsLCC](#)





**Sacred Heart CVA** @SHeartCVA · Jun 5

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At Sacred Heart Leicester, we are grateful for the many environmentally-conscious students who have helped us kick off this week on a great note. Year 5 and year 3 students were busy during the half term getting their signs ready for our school garden @EcoSchools @EcoSchoolsLCC





**Sacred Heart CVA** @SHeartCVA · May 23



Sacred Heart Leicester is buzzing with excitement as we celebrate World Bee Day. We learned all about these incredible pollinators and to help them, we launched Bee Hotel Competition and even planted bee-friendly flowers.  
[#SaveTheBees](#) [#WorldBeeDay2023](#) [#RHSSchoolGardening](#)

## Monday 22nd May 2023 World Bee Day Assembly





**Sacred Heart CVA** @SHeartCVA · Jun 5



Thank you @DMU\_CI for supporting our CYC initiative and donating your preloved clothes. We will add them to our pop-up second-hand clothes shop as part of our (Re)LoveOurStuff campaign. Your continued support is greatly appreciated.

@EcoSchools @EcoSchoolsLCC





Sacred Heart CVA @SHeartCVA · May 18  
Year 5 starting the day with Gratitude

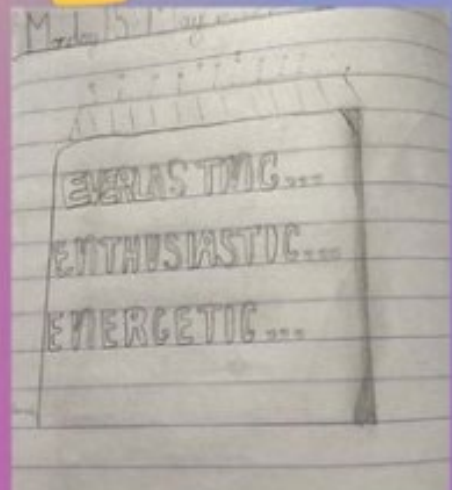
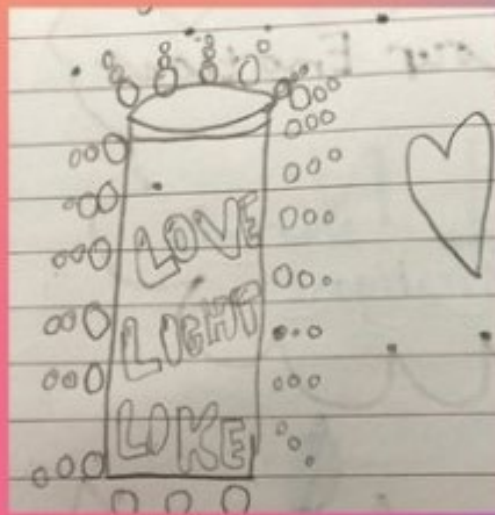


# Monday 15th May 2023

## Rowan YR5 Gratitude Journal



LOVE



PIC·COLLAGE



Sacred Heart CVA @SHeartCVA · May 18

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Sacred Heart, Leicester Gardening Club is back! Yaay! We enjoyed watering plants, replenishing the bird feeders, weeding and preparing our garden beds, and getting ready to plant the seeds RHS @RHSSchools generously sent us. Great timing. #youngpeoplegardening #greenfingers

