

ALL THE NEWS FROM SACRED HEART



Pope Leo XIV

This past month has been a significant time for Catholics around the world as we awaited the election of a new Pope and on Thursday 8th May, the white smoke emerged!

Let us offer our prayers for our new Holy Father, Pope Leo XIV. May the Holy Spirit guide him as he leads our Church with wisdom, strength, and love. May God bless and guide him.



Address of Pope Leo XIV Speaking from the Central Loggia of Saint Peter's Basilica on Thursday 8th May 2025 Pope Leo XIV gave the following address. Translation by Vatican News Peace be with you.

Dearest brothers and sisters, this was the first greeting of the risen Christ, the good shepherd who gave his life for the flock of God. I, too, would like this greeting of peace to enter your hearts, to reach your families and all people, wherever they are; and all the peoples, and all the earth: Peace be with you. This is the peace of the Risen Christ, a disarming and humble and preserving peace. It comes from God. God, who loves all of us, without any limits or conditions. Let us keep in our ears the weak but always brave voice of Pope Francis, who blessed Rome - the Pope who blessed Rome and the world that day on the morning of Easter. Allow me to continue that same blessing. God loves us, all of us, evil will not prevail. We are all in the hands of God. Without fear, united, hand in hand with God and among ourselves, we will go forward. We are disciples of Christ, Christ goes before us, and the world needs his light. Humanity needs him like a bridge to reach God and his love. You help us to build bridges with dialogue and encounter so we can all be one people always in peace. Thank you Pope Francis. Thank you to my cardinal brothers who chose me to be the successor of Peter and to walk together with you as a united Church searching all together for peace and justice, working together as women and men, faithful to Jesus Christ without fear, proclaiming Christ, to be missionaries, faithful to the gospel. I am a son of Saint Augustine, an Augustinian. He said, "with you I am a Christian, for you a bishop". So may we all walk together towards that homeland that God has prepared for us. To the Church of Rome, a special greeting: We have to look together how to be a missionary Church, building bridges, dialogue, always open to receiving with open arms for everyone, like this square, open to all, to all who need our charity, our presence, dialogue, love. (Speaking in Spanish) Hello to all and especially to those of my diocese of Chiclayo in Peru, a loyal, faithful people accompanying the bishop and helping the bishop. (Returning to Italian) To all you brothers and sisters of Rome, Italy, of all the world, we want to be a synodal church, walking and always seeking peace, charity, closeness, especially to those who are suffering. Today is the day of the Supplicatio [plea] to Our Lady of Pompeii. Our blessed mother Mary always wants to walk with us, be close to us, she always wants to help us with her intercession and her love. So let us pray together for this mission, and for all of the Church, and for peace in the world. We ask for this special grace from Mary, our mother. Hail Mary, full of grace, our Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.



VE Day at Sacred Heart

Friday, 16th May was a very special day in school as we remembered the 80th anniversary of VE Day! VE Day stands for Victory in Europe Day, marking the end of the Second World War in Europe. It was fantastic to see so many of you come to school looking fantastic in your red, white, and blue clothes – a huge thank you for that! In the morning, we all gathered for an assembly to learn more about why VE Day is so important for our country. One of the highlights was receiving a letter from Bombardier Tom Jones, who is a remarkable 103 years old! His words reminded us of the sacrifices made for our freedom. Overall, it was a day filled with pride, remembrance, and a sense of community as we celebrated this historic occasion together.





This morning, our school hosted a fantastic event, the LCH Super Soaker Colour Dash 2025! It was a vibrant and joyful occasion that brought fun, laughter, and plenty of colour to all our children. Everybody was excited to take part, splashing through clouds of colourful powder that filled the air. It was wonderful to see our pupils so engaged and enjoying themselves, all while supporting a very important cause.

All the money raised from this event will be donated to LCH, a charity that is dedicated to the happiness and well-being of children across the East Midlands. LCH runs seven fantastic programmes that support children in Leicestershire and Rutland. They believe that every child should have the opportunity to flourish and thrive.

We would like to extend a huge thank you to all the families who have sent sponsorship money in so far and to the staff who helped make it such a memorable experience for our children.

As a school, we are proud to play a part in helping LCH continue their valuable work in our community.

Sponsorship and Donation Deadline Date: Friday 6th June





















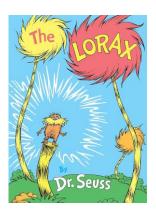


My favourite book by ... Ms Chana

My favourite book to read to children is *The Lorax* by Dr. Seuss. It explores themes such as the impact of our actions on the environment, the challenges of ambition and success, and the importance of personal responsibility. One quote that resonates deeply with me is: **"UNLESS someone like you cares a whole awful lot, nothing is going to get better."** This powerful line conveys the vital message that positive change begins with individual care and effort. I also love Dr. Seuss' distinctive writing style, which features playful rhymes, imaginative and colourful characters, and a rhythmic pattern known as anapaestic meter.







Year 6 SATS

Well done to the Year 6 children who sat their SATs last week! Over the course of four days, the children demonstrated remarkable resilience and positivity. From the reading and maths papers to the grammar and punctuation assessments, it was lovely to see how the children supported one another. Each day presented its own set of challenges, yet our children approached each task with determination which we are very proud.



Key Dates for Pentecost 2:

Monday 26th May – Friday 30th May – Half Term School Closed <mark>Monday 2nd June – School reopens</mark>

Tuesday 3rd June – Saffron Lane Sports Event- consent letters to the office. Friday 6th June – Ash class swimming – consent letters and payment to the class teacher/school office.

Monday 9th June – Friday 12th June – Year 1 Phonics Screening Check Friday 13th June – International Children's Day

Monday 23rd June – KS1 Sports Day (start times to be finalised) Tuesday 24th June – KS2 Sports Day (start times to be finalised) Wednesday 25th June – Rainbows Concert 5pm at Sacred Heart Thursday 10th July – Football and Fitness Clubs finish. Friday 11th July – School finishes at 1:30pm for summer holidays. –**NO**

AFTERSCHOOL CLUB on the 11th July.









The internet is a wonderful place to learn, shop, play games and communicate with friends and family. In fact, online activity has now become a normal part of day to day life within most households. Unfortunately, there are also risks associated with online activity that pose harm to all users, including children and young people. Key concerns include: predators seeking out the vulnerable with ill intent; hackers and identity thieves; trolls and cyberbullies. Therefore, in order for us all to become safer online, it's important for schools, parents/carers and children to be aware of potential dangers and understand how to safeguard against them and how to report and address concerns when they arise.

The information posters in the coming slides come direct from National Online Safety and they detail some of the points you may wish to consider.

We appreciate that children and young people are often more knowledgeable or able online users than adults, by virtue of the world in which we now live, so this may help to navigate some of the key considerations. The <u>NSPCC Share Aware parents' guide</u> has also been produced to help you keep your child safe online and their Net Aware tool is a guide to apps, games and social media, providing an overview of how safe they are.

Parental Online Safety Guides

For Parental Guides, courses and free resources, head to National Online Safety: <u>Library | The National College</u>

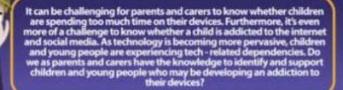
Keeping children safe online | NSPCC



SACRED HEART







What parents need to know about SCREEN ADDICTION

SMARTPHONE ADDICTION IS A RECOGNISED HEALTH CONDITION

IT CAN CAUSE SLEEP DEPRIVATION

a usid they he

CONFIDENCE, SUPPORT & ACCEPTANCE

schildren aged 8-11 are using u a stid suppo

LOSS OF INTEREST IN **OTHER THINGS**

APPS CAN BE ADDICTIVE

of parents said they thought their children spent too much

time in front of screens



Top Tips for Parents

MIT SCREEN TH

ENCOURAGE ALTERNATIVE CTIVITIES

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LEAD BY EXA

LESS TIME MEANS LESS

OBILE-FREE MEAL TIMES

REMOVE DEVICES FROM THEIR BEDROOM

53%	of children aged	3-4
	e for meanly 8hrs a	

79% of children aged 5-7 go online for nearly 9hrs a week

94% of children aged 8-11 go asilant for nearly 13.5hrs a week

99% of children aged 12-15 go enline for nearly 21hrs a week

National

Online

Safety

A whole school community approach to online safety www.nationalonlinesafety.com Email us at helicitizationalized elsevalety com or call us an 0800 368 8061

STATISTCS





SACRED HEART







AGE LIMIT CHANGE

Since May 2018, the minimum age for axing WhatApp in 16 paper and if you, live in the European Union, including splices for the rest of the minimum age was 13, which still the rest of the minimum age age and the state of the second which are will take actions against anyone aged between 13 and 16 where it will take actions against anyone has not yet state of another it will take actions against anyone have a state of the second state should be action against anyone aged between 13 and 16 and should be actioned be account on another second terms and conditions.

SCAM MESSAGES

An example of the second secon

FAKE NEWS AND HOAXES

WhatsAges has been formed to enabling the spread of dangemus visio rumours, in bulls, for example, a number of ettacks agreen to have been spacked by false rumours shared on WhatsAge.

THE 'ONLY ADMIN' FEATURE AND CYBERBULLYING

Cybineholitying is the art of annihing threatening or travening ent messages, where messages, pictures and objects of the ann to have found foundations the encircles. The group chet and proop chetes call features are great for multiple people to the dimedicancesche, but there is the protection for people to the dimedicancesche, but there is the protection for people to the dimedicancesche, but there is a point. The budy addition feature pines the addents of a group child growther constrant arow who has and messages. While this can be quarked for message

anniature enserts, the group admin has the preser to block annihilarly from responsing to an offensive methage in a cha which could result in a child being speet and anable to reply

CONNECTING WITH STRANGERS

To infart a chart in WhatAgg, you need to know the model mothew of the contact you must to appeal to and they also need to have the upp downloaded. WhatAgg can find contacts by accessing the address books of a shown and recognizing which of these canadicat are using WhatAgg. If your thick has showd faste models with some long Whey day I have to fill have yourd faste models with some long there to the these to the the faste models with some long them and them to the

LIVE LOCATION SHARING

Whatshapp's Live Location feature entailer owners to share their percent locations in real times to their constarts in a chart solution friends to choose their measurements. The feature, which can be located by pressing the 'attach' botton, is described by WhetsApp as a 'single and service way to for pengin know where you are.' Location-charing is already a common further on other social app. Including Singubard. Single Map and Facebook Measurement and can be a useful way for a child in let loved owne know they are able. However, if your child is in a group chat with people they do eath when, they will be expressing that extension.



CREATE A SAFE PROFILE

As add filtent as a contact, as an entry your security prime been suggest altering their profile settings to control who can see their profile pleats and status. The systems to choose from an twerpress. The contact's and Thobady. We suggest selecting th Contact's as Thobady to assure their models are setting to contact.

EXPLAIN HOW TO BLOCK PEOPLE

If your Child has received spam or alfansive messages, calls or attachesents fours a contact, they should black them. Messages and status spallates and by a black disclant and status show up on the phone and will stay undelivered. Ricking accesses will not remove this candid from the similar the formed to be removed from the phones.

address basis. To block a contact, your child needs to apen the person's child stream and tag on the settings.

REPORT SCAM MESSAGES

Ipoke samplifores or provide two greed to be true. When your child receives a message form an universe meander for the first time, they will be given the option to report the measure ageon directly inside the chat. They can also report a contact or a group as tpace using the following straps: 11 Open the chat. 27Fap on the contact or group means to open their greffle information. 3) Scrill to the bottom and tag Report Spars."

LEAVE A GROUP

uncomfortable or has been added to a group they don't wonth be part of, use the group's estings to show them have to force if amount must a group, the addein can add them back in once if they have again, they cannot be added again.

USING LIVE LOCATION SAFELY

with you or a friend, advice them to only share it for the amount of time they read for WhethApp gives the options of attiter 13 memotes, and hour or eight hearts. Hewever, your third can choose to fully sharing at any time.

DELETE ACCIDENTAL MESSAGES

for Parel

or if a revenuege they seen has contained a miniake, they can delate it. To do this, simply tap and head on the message, choose "beiets' and then "Delete for everyons. The app attents seen ministre to delete the message after it has been seen, but it is important to remeaning before it was deleted. message before it was deleted.

SET TIME LIMITS

A 2011 othersty treams that try time age as 14 the average shows will have user more than 33,000 therst. 30,000 therstanding messages and racked op more than three solid weeks of video chat. Although it is invariable their pure chain will use technology process still set lowerdaction. This is not sarg, experially since tweets use their devices for both achieved and the stime, strate simultaneously.



SACRED HEART







TracTuble Premium Sternerty RouTube Red) is a new paid streaming subscription area to be UK, affering a three month free trial to tanget sciences into a 112-per sumsch plan. This includes the shifty drawnhaed violens, circuses violess with the app in the

DANGEROUS 'CHALLENGE' & VIRAL VIDEOS

On YourTakin, 'thatliange videor' are shared spatchly and can be very damparene. One period range port a video of themselved doing sumarching annual like wetten a host hull or jonging on a since and helper proclamatic to the video greet and everywet wents to join in and share their videos. The spaced in which challenge videos spread across the intermet makes it amore induces and/ora, erroralizing these YourTubes haveners, such an energy or ClassTOM. However, if they good associations on YourTube they may later regard it as the and endocrassional about a head they have chosend. There is able a rick that they will result with they for endocrass. There is a size a rick that they will result have the first endocrass. There is a size a rick that they will result have the first endocrass. There is a rick that they will result have the endocrassic regarders are a rick that they are the interaction their approximation. The Tube is to sense and the information for their approximation.

IN-APP MESSAGING

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National Online Safety

TURN ON 'RESTRICTED' MODE

Restricted Model is an aprice all setting you can use to bulk screen out partentially matters constant you may perform your child start to see. Restricted Mode searchs on the browser or device level, so must be borned on far each browser or device power child users. To do bits, children these stages

Deriktop: • Go to the bottom of a YouTube page and so "Restricted Mode" to V • To make it more diffic for this to be turned

- Mobile: - Tap the three vertidats at the tap-right the scheen and pro-"Settings." - Click on Restricted
- Click on 'Restricted' mode filtering' Fress 'Restrict.'

Please note that you can't 'tock' restricted mode on a please in the same way that you can on a desktop. You will need to turn this on each time even child uses it.

CREATE A FAMILY GOOGLE ACCOUNT

Notery will enable you to see awartly what your child is watching and sharing on YouTube. To see the history on a computer, an the right hand means under the library section, click Nistory. On making, the slewing history can be found by clicking on the 'library' tab.

enter schop frontoine, there may be instances where your child actives regarine comments. If annehoofy's giving your child difficult time, have's how to block them and present future

Go to their charactilaccount by clickleng on their name. Click on Alexat: Tay the dread to be with an image of a flag on it. Press 'Block user!

MONITOR WHAT YOUR CHILD IS WATCHING/POSTING

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DIGITAL WELLBEING

Tructules has lowerched a band called "Lines Workbad" that allows provide any how long has been typest on the platform. Once you have discovered how much binns has been speet on the app there is the spition to set a time limit. Once the limit is reached a reminder will page on the screen. You can also disable seconds and elibrations to hatp resist the organ to chack har

OPT FOR A FAMILY PREMIUM PLAN

Parents

or

A Province family fremion plan map be a sint effective option if you have more than one shill, for (17/97 a month, it allows you to share a first blog paid membership about by to five other family members - aged 13 and adder - holding in the same howehold. As the account holder, or family manager, you much create a Google tently account.

MANAGING IN-APP MESSAGES

If power child is accessing the Table via your account, here in which that they may be constanted by the looging contracts who are complete strangers to them. You can remove summaries non-the suggested contacts like by pressing and holding the period's name and logging on the red "s".

POPULAR YOUTUBE GAMERS

people playing and commenting on paret. These are called "Let's Play" colored. While YouTube can be a proof resource for hoots, tips and sover for games, it is a good lotas for parents to keeps a choice system when WorTubes, any posting. Other, the games they are playing will contain strong bacqueeps and visitents. A few manylet of pagular YouTube games for you be been as a finite area.

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National Online Salety Ltd

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www.nationalonlinesafety.com



SACRED HEART



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What parents need to know about

LIVE STREAMING TO STATE AND A STATE OF THE S

IN-APP PAYMENTS

Instagram allows payments for products directly through the app. It operates under the same rules as forcebook Payments, which state that if you are under the age of 18, you can only use this feature with the involvement of a parent or guardian.

DAMAGE TO CONFIDENCE, BODY IMAGE & MENTAL HEALTH

When people via filters on their photors on testagra-it can set unrealistic expectations and creats feeling of inadequacy and low self-esteem in children. Children may strive for a comparable number of 'Nik to a realistically edited with the risk of dractically lowering your child's confidence or sense of self-wor th.

PHOTO / VIDEO SHARING

Proting photos and videos is Instagram's biggest alling point, but with sharing images comes risks. A photo which includes landmarks in the area, their chold uniform, street name, house and even tagging the location of the photo uploaded to instagram can expose the child's location, making it easy to locate bem. If their account is not set to private, anyone can access their account and see their location.

LOCATION TAGGING

Public locations can be added to a user's hotos/videes and also to their stories. While this may seem like a good idea at the time, it can expose the ocation of your child. This is particularly more of a risk if it is on their story, as it is real time.

HUACKED HASHTAGS

HUACKED HASHTAGS Like Twitter, hashtags are also an extremely prominent tool in Instagram and with that comes dangers for your child. One person may use a seemingly innocent hashtag with one particular thing in mind, and before you know it hundreds of people could be using the same hashtag for something inappropriate or dangerous that your child certainly shouldn't be exposed to.

INSTAGRAM TV

INSTAGRAMTV Instagram TV works similarly to YouTube. Users can watch videos from their favourite accounts on the platform, or create their own channel and post their own videos. It's important to note that anyone can create their own Instagram TV channel and you don't have to be friends with a person to fullow an account and watch their videos. Utilizately, features are encouraging users to spend more time on the app, therefore it's important to set time limits and ensure their devices are not disturbing their sleep and performance at school.



FILTER INAPPROPRIATE COMMENTS

TURN OFF SHARING

REMOVE PAYMENT METHODS

RESTRICT MESSAGES

USE A PRIVATE ACCOUNT

NOS



National Online Safety Email as at helk

A whole school community approach to online safety www.nationalonlinesafety.com

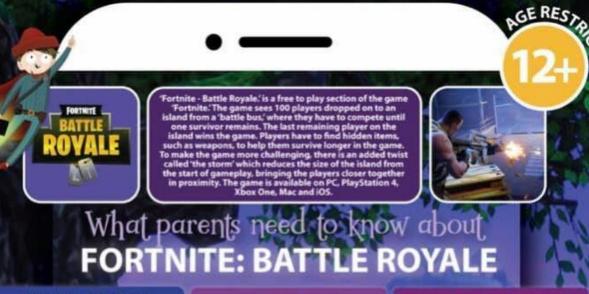




SACRED HEART







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IT CAN BE ADDICTIVE

IT CAN BE PLAYED ON THE GO

HACKER ATTACKS

TALKING TO STRANGERS DURING SQUAD MODE

NO PROOF OF AGE REQUIRED

the case proved of age parent 12, it is imposed

TALKING TO STRANGERS DURING SQUAD MODE

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AGE RESTRICTIONS

Top Tips for Parents

FREE' TO PLAY



LIMIT GAME TIME

PREVENT YOUR CHILD FROM TALKING TO STRANGERS

NOS

National

Online

Safety

LOOK OUT FOR VBUCK SCAMS

RESTRICT PAYMENT METHODS

SHOW THEM HOW TO MAKE A REPORT year child believes a player is playing or talking

USE A STRONG PASSWORD

A whole school community approach to online safety

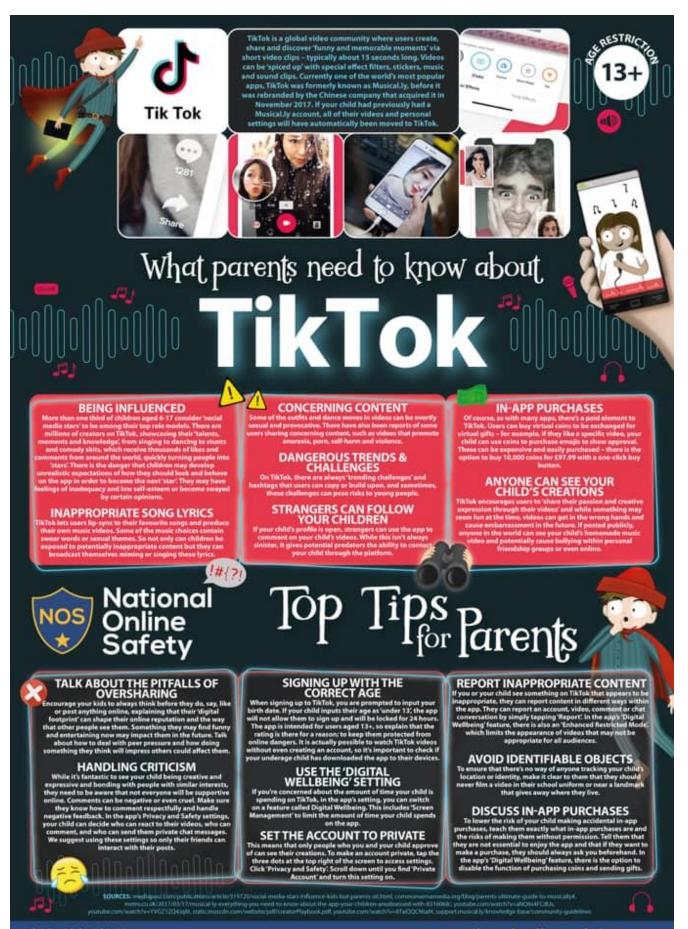
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SACRED HEART



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."

what parents need to know about

EXPOSING YOUR CHILD'S "Snap May lets you thare your EXACT location in ead-time through a map on the app. The user's ation updates when the app has been opened on the device. There is a warming on the Snapchat built about uploading images and videos to Our ory's stating that "snaps you submit to Our Story can till show up on the Map, no matter which cation setting you choose." When uploading to forcy: your child's image or video could appear "Search results and Stories on or off Snapchat-today or in the future." opened on

LENS EXPLORER he "Lens Studio" on Snapchat gives users the on to use their imagination to design their is for themselves and others to use. Snapc that the lenzes users create "muse. Snapc ser Lens Studio Solver munity Guidelines and must be appropriate for spichatters ages 13+."The 'Lens Explorer' in the new enables users to choose from thousands of ese creations to alter their snaps. Anyone can create a lens for Snapchat, which gives optunities for age-inappropriate content to be uploaded.

SCREENSHOTS & SAVED MESSAGES hile Snapchar's gimmick is that all photos, vi and fast disappear eventually, users still have capability to screenshot or record anything w as been sent to them. Users may sometimes for that screenshotting is possible and send a simpromising image or message to somebody they think they trust. They may also accident end an image or message to somebody who w the

o they trust. Simple, the user or message to so imply by pressi-ser is able to say

which can be screensho ainst them at a later date

SNAPSTREAKS & ADDICTION

Shap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that isnaps are sent between users, the longer the streak are sent between users, the songer the streaks are sent between users the spectra sent sent sent set of the streak sent streaks, by gifting emojes, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

SEXTING

GERESTA

SEXTING Due to 'Snaps' disappearing, lusers can even has become the chosen platform for chidren and young people to send sexually explicit images or 'seffest' Once a photo/video has been exceensibuted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child my pung person is found creating or sharing images, the police can choose to record that a young person is found creating or sharing images, the police can choose to record that a cation isn't in the public interest.

SNAP ORIGINALS

rough 'Snap Originals', users can watch hich has been created by Snapchat on th cluding comedy shows, drama, news and Additionally, there are new lenses and d by th



THE RISKS OF SEXTING

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REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

USE'GHOST MODE'

HOW TO DELETE A MESSAGE

TURN OFF 'QUICK ADD'

RESTRICT STORY VIEWS

Snapchat

Instag

cebook