



Welcome back! We hope you and your families enjoyed your time together and made the most of the break. The children have arrived back at school with a positive mindset and are ready for Advent 2.

Thank you to all the parents and guardians who attended Parents Evening. It was great to see such a big turn out in school and as a staff we fully appreciate the interest and time you invest in your child's education. I would like to extend my thanks to all the teachers for their hard work this week, especially during parents' evening. I hope you gained an insight into how much our teachers care about your children and how dedicated they are to helping them succeed. They truly know your children well and have their best interests at heart.

Thank you also for using Arbor for making your bookings – it was a success and we will be moving forward with this booking method from now on.

It has been a busy month here at Sacred Heart so we hope you enjoy reading through just some of the highlights.



Attendance

At Sacred Heart Primary School, we believe that regular attendance is vital for your child's education and overall development. Our attendance last half term was 95.6% which was a good start to the academic year. To ensure that our children are achieving their best, we aim to maintain an attendance rate of **above 96%**. We recognise that medical appointments are sometimes necessary. However, it is important to minimise any disruption to your child's school day. From now on, we will kindly ask parents and guardians to provide confirmation of any medical appointments. This confirmation can be in the form of letters, text message notifications confirming appointments, or through your NHS app. Please provide these to the office.

We ask that your child remains in school until the time of the appointment, unless it is unavoidable for them to leave earlier. If your child is well enough to return to school after their appointment, we ask that you please send them back as soon as possible. If your child is off school with prolonged absence for the same condition, please contact your GP and seek medical assistance as soon as possible. Provide school with the documentation to support this medical absence.

Thank you for your understanding and support.



Chaplaincy Retreat Day

The Chaplaincy team were invited to a retreat day at St Patricks church on Monday 6th October. It was calm, peaceful day full of reflection.

Read what they had to say about it:

"I saw different schools, we all gathered into one room as one team. We all got a chance to participate in different activities. Being a chaplain gave me the opportunity to be a valued member of the team. I feel cherished and loved."

Nameera Year 5
Chaplain

"I felt like an ambassador of hope as we all had hope for each other. It was a unique feeling as we all felt love and cherished each other. We all contributed to the group work and listened to each others ideas. Everyone there was one whole team like how the whole world equals to one community."

Diya Year 6
Chaplain





Chaplaincy Action Plan

Following on from the retreat day at St Patrick's church, the Chaplains decided on some actions that they would like to carry out in school as part of their chaplaincy role. They have already started to focus on Action 1 and have already started these lovely sessions.

Action 1: Looking at leadership and pupil engagement.

As decided during the retreat, the Chaplains read some Bible stories to the F2 children. The chaplains chose appropriate stories suitable for this age group and read to them. This showed initiative and leadership but also lovely pupil engagement from some of our youngest children in school. This will continue as the year goes on.



As well as reading with F2, the Chaplains thought it would be a lovely idea recite the rosary in the prayer garden. They wanted to start this in the month of October and during the theme week of the Rosary as they think it is important for our children to find the calmness that comes through prayer.

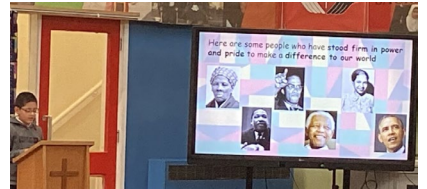
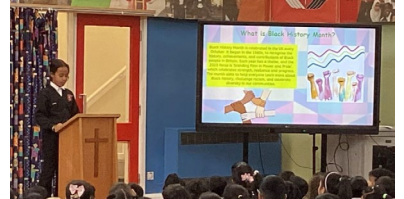


Chaplaincy leadership and engagement is just one element of their action plan for the year. As a school we look forward to what else they have planned for us.



Black History Month:

Throughout the month of October, children took part in a range of activities to celebrate the contributions of black people to our communities and the world. This year's theme for Black History Month 2025 was Standing Firm in Power and Pride. We celebrated what the children have done throughout Black History Month with a special whole school assembly show casing this great work. Thank you to Ms Chohan and her trusty helpers for organising this event.



Show Racism the Red Card – Friday 17th October

On Friday 17th October, we wore red because it was, Give Racism the Red Card Day. We all wore red to show that as a school we do not tolerate racism.

The slogan this year was 'Change hearts. Change minds, change lives.'

At Sacred Heart we change hearts by accepting everyone for who they are. We change minds by promoting anti-bullying. We change lives by making sure everyone is happy and safe in school.

At Sacred heart we are all part of one family.





We have been learning about Hinduism as part of our RE work in class. We were lucky enough to have a visitor from INSIGHT UK come to talk through the most important elements of the Hindu faith. The children were able to use the beautiful informative displays which offered a glimpse into the Hindu Civilisation to gather their research for their class work. Our Hinduism week finished with our wonderful Diwali Day in school. We were also able to showcase our wonderful school to visiting children from St Charle’s Catholic Voluntary Academy in Measham. They spent the morning attending our assembly and taking part in the different activities around our school. The children and staff dressed in their finest to celebrate the festival of light and joy together as a school community. It was a beautiful celebration of our diversity and inclusivity; something we are very proud of at Sacred Heart.





ECO Team

Our very first step in the action plan was to sign up as a school for *Let's Go Zero*, and we're proud to say that we've now completed the sign-up process! ✅ 🌈 We're excited to take this journey together to make a positive difference for our environment. Let's keep working together to protect our planet! 🌍 💚

Great Progress with Our Action Plan! 🌍 Laudato Si Team and Eco Champions have been working hard to prepare posters for an assembly that will educate and inspire everyone about caring for our common home. 🌱 Mariana and her sister Anabelle have also created an engaging eco PowerPoint, which is ready to be presented to the entire school.

Energy Rangers, Eco Champions, and Laudato Si Teams have been busy posing for team photos for our eco display—see below! 📷



Plus, our litter picking around the school has been full of energy and enthusiasm, helping us keep our environment clean and beautiful! 🧑🏿♂️ 💚



Eco Tip of the Month 🌱 :

Become a Light Detective!

Whenever you leave a room, be a hero and turn off the lights. It's a simple secret to saving energy and helping our planet. ✨ 💡

Waste Warrior Tip ♻️ :

Reuse, Rethink, Rejoice!

Challenge yourself to find new ways to reuse items—turn old jars into plant pots or turn worn-out clothes into new creations. Every small action can make a big difference! 🌟 🗑️ 🌸

Let's be eco-heroes together! 🌍 💚



Primary School Admissions 2026-27

Admissions applications for Autumn Term 2025 Children are admitted to the school in September of the year in which they have their fifth birthday.

If there is anyone who wishes to apply for a place for September 2026 (d.o.b. 01.09.2021 – 31.08.2025) please obtain an 'Expression of Interest' form from the School Office.

There is also a requirement to fill in an LA form before January 15th 2025.

This form can be found at [Apply for an infant or primary school place](#)

Secondary school applications

Primary, Junior and Secondary headteachers are reminded to advise parents to apply for three schools and that for secondary admissions the national closing date is today, **31st October**, and national offer date 1st March (or next working day).

Catholic secondary schools will have supplementary forms too which must also be completed. The majority of Year 6 children at Sacred Heart would go to St. Paul's, or English Martyrs.

Local secondary schools have their own admission policies and it would be well worth consulting those



There will be a change to the school dinner menu as we will be having a special themed Bonfire Night dinner happening in school on **Wednesday 5th November**.

For dinner that day there will be:

-



શાળાના રાત્રિભોજન મેનૂમાં ફેરફાર થશે કારણ કે અમે બુધવાર 5 નવેમ્બરના રોજ શાળામાં એક વિશેષ થીમ આધારિત બોનફાયર નાઇટ ડિનર કરીશું.

• હોટ ડોગ્સ અને કેચઅપ (માંસ મુક્ત વિકલ્પ ઉપલબ્ધ)

- ## Menu Noite da Fogueira

Se você pagar pelo jantar do seu filho, por favor, pague por isso através de Arbor (£ 3,00)

Para o jantar desse dia haverá:

- Hot Dogs e Ketchup (opção livre de carne disponível)
- Cunhas
- Milho doce
- Bolacha Cathrine Wheel

ረቦሶ 5 ሕዳር ኣብ ቤት ትምህርቲ ፍሉይ ጭርሖ ዘለዎ ናይ ቦንፋይር ምሽት ድራር ስለ እንገብር ኣብ ናይ ቤት ትምህርቲ ድራር ለውጢ ኺህሉ እዩ።
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ቢታ መዓልቲ እቲኣ ድራር ኪበልዕ እዩ፡-

- ሆች ዶግስን ቬትጫፒን (ካብ ስጋ ናጻ ዝኹነ አማራጺ ኣሎ)
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- ካትሪን ዋል ብሸኮቲ

Ще има промяна в менюто за училищна вечеря, тъй като в сряда, 5 ноември, ще имаме специална тематична вечеря на огъня .

Ако плащате за вечерята на детето си, моля, платете за това чрез Arbor (£3.00)

За вечеря този ден ще има:

- Хот-дог и кетчуп (предлага се опция без месо)
- Клинове
- Сладка царевица
- Бисквита Cathrine Wheel



Bonfire Menu Night

Menu: Wednesday
5th

- Hot Dog and ketchup Nove mi
meat free
- Wedgers
- Sweetcorn
- Cathrine
biscuit wheel





Anti-Bullying Week

The children are invited to wear odd socks on **Friday 14th November** in support of antibullying week.

Wearing odd socks demonstrates our pledge to celebrate differences and encourage kindness at Sacred Heart.

Dates for your diary:

Wednesday 5th November: Bonfire Night school dinner

Wednesday 5th November: Mrs Sharma's English Lessons start at 2:30pm in school.

Wednesday 12th November - Wrates Photographers

Friday 14th November – Odd Sock Day

Friday 21st November – Trust Inset Day – **SCHOOL CLOSED**

Friday 5th December – Menphy's Christmas Carol Concert

Looking ahead—Christmas Plays:

EYFS: Wednesday 10th December and Thursday 11th December 10am

KS1: Tuesday 9th December at 10am and Wednesday 10th December at 5.00pm



Christmas Jumper/Christmas Dinner Day: Wednesday 17th December

Christmas Disco Day: Thursday 18th December

Christmas Raffle: Friday 19th December

More Christmas Activities will be released at a later date!!

School closes for Christmas on Friday 19th December



**Mrs Sharma runs FREE English
classes for our parents**

FREE English Classes



**Friends and family of our school
community are more than welcome
to join.**

Starting Wednesday 5th November

Wednesday afternoons 2.30 – 3.15pm

Sacred Heart Catholic Voluntary Academy

Mere Close, Leicester, LE5 3HH

Tel: 01162624418

Email: office@sacredheart.leicester.sch.uk



Sickness and Diarrhoea

We have a lot of children who are currently off school with sickness and diarrhoea so please be advised of the NHS guidance; children must stay home from school for at least 48 hours after symptoms of sickness and diarrhoea have stopped.

Norovirus (vomiting bug) – NHS

શુભ સવાર

અમારી પાસે ઘણા બાળકો છે જે હાલમાં માંદગી અને ઝાડા સાથે શાળાની બહાર છે, તેથી કૃપા કરીને એનએચએસ માર્ગદર્શનની સલાહ આપવામાં આવે; માંદગી અને ઝાડાના લક્ષણો બંધ થયા પછી બાળકોએ ઓછામાં ઓછા 48 કલાક સુધી શાળાથી ઘરે રહેવું આવશ્યક છે .

सुप्रभात

हमारे पास बहुत सारे बच्चे हैं जो वर्तमान में बीमारी और दस्त के साथ स्कूल से बाहर हैं, इसलिए कृपया एनएचएस मार्गदर्शन की सलाह दें; बीमारी और दस्त के लक्षण बंद होने के बाद बच्चों को कम से कम 48 घंटे तक स्कूल से घर पर रहना चाहिए ।

Buna dimineața

Avem o mulțime de copii care sunt în prezent în afara școlii cu boli și diaree, așa că vă rugăm să fiți informați cu privire la îndrumările NHS; copiii trebuie să stea acasă de la școală timp de cel puțin 48 de ore după ce simptomele de boală și diaree au încetat.

ಹಂಪೂ ಕ್ಷಮಿಸಿ

હાનિહ નેપર નેહ નિત્તકતે ફેલો નિત્તગ્ગો વેલે વન્જકતે નીનિ નેતે તેગ્ગવલ્લત્તે વેલ્લગ્ગો હાલ્લ નેલ્લ નિન્નિનલ્લતેત્તે નિમ્બોનિ મ્મગ્ગલ્લ નેલ્લ નેત્તે. ફેલો ગ્ગલ્લત્તે તેગ્ગગ્ગો વન્જકતે ગ્ગો હેલ્લ નેત્તે વેલ્લ 48 નેત્તે નીનિ નેતે તેગ્ગવલ્લત્તે નેત્તેત્તે હાલ્લગ્ગો.

Bom dia

Temos muitas crianças que estão atualmente fora da escola com doença e diarreia, por isso, por favor, esteja avisado das orientações do NHS, as crianças devem ficar em casa da escola por pelo menos 48 horas após os sintomas de doença e diarreia terem parado.

Diarrhoea and vomiting in children

There's no specific cure for stomach bugs such as **Norovirus**. See tips to reduce the spread and treat symptoms

Keep kids home from school for



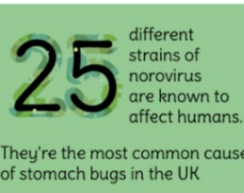
after symptoms have passed. This is enough time to let the virus run its course

If your child already has a serious illness, or symptoms last longer than a few days, contact your GP to seek advice
Visit [nhs.uk/norovirus](https://www.nhs.uk/norovirus) for more

choices Food Standards Agency



Washing hands frequently and thoroughly helps limit the spread of the virus



They're the most common cause of stomach bugs in the UK

Home Treatment



Liquid paracetamol is useful for fever or aches and pains



Give kids plenty of water to stay hydrated and replace lost fluids



If your child feels like eating, give them foods that are easy to digest



Open Hands



The Food Store

Emergency Provision & Affordable Shopping. Our Food Store exists to help those with restricted or no financial means to access food on receipt of a referral.

What do we offer?

Our food bank is set up like a small shop. With the guidance of our volunteers, those referred are equipped to make choices for themselves regarding the food that they receive.

The Open Hands Food Store offers essential goods such as UHT milk, tea, cereal, pasta, soup, baked beans, tinned vegetables, tinned fruit, and other cupboard items. Each week the store has a variety of different extras such as flour, coffee, oil, bakery, refrigerated and frozen goods. These vary depending on the donations that Open Hands receives.

We aim to take our clients on a journey towards independence, whereby people learn to reserve money for food as part of their budget.

To support this goal, we offer **emergency crisis support (no cost)** and **affordable shopping (half retail prices)** services:

Emergency Food Provision – Crisis Support (no cost)

Our Emergency Food Store is for individuals who have no financial means to pay for food. Households can be referred for a maximum of 6 consecutive weekly visits (1 per week, each visit provides access to one week's worth of food for the household at no cost). This gives people the time to process a benefits application where eligible, and/or seek additional help with money, budget management or other professional support.

After this 6-week period clients will be given the opportunity to transfer to our affordable shopping service (outlined above).

Please note that referred individuals living in fully catered accommodation (e.g. hotels and hostels) are not eligible for this service.

