



RSHE and PHSE Overview - Sacred Heart Catholic Voluntary Academy

	<u>Advent Term</u>	<u>Lent Term</u>	<u>Pentecost Term</u>
<u>EYFS</u>	Module 1 Unit 1: <u>Handmade With Love</u> Module 1 Unit 2: <u>I Am Me</u> Module 1 Unit 2: <u>Head Shoulders Knees And Toes</u> Module 1 Unit 2: <u>Ready Teddy</u> Module 1 Unit 3: <u>I like, you like, we all like</u> Module 1 Unit 3: <u>Good Feelings Bad Feelings</u> Module 1 Unit 3: <u>Let's Get Real</u> Module 1 Unit 4: <u>Growing Up</u> We know that we are all unique. We celebrate diversity We understand that actions can cause consequences We can talk about right from wrong <u>Money</u> Being A Good Friend	Module 2 Unit 1: <u>Role Model</u> Module 2 Unit 2: <u>Who's Who</u> Module 2 Unit 2: <u>You've Got A Friend In Me</u> Module 2 Unit 2: <u>Forever Friends</u> Module 2 Unit 3: <u>What is the Internet? - Ten Ten Resources</u> Module 2 Unit 3: <u>Playing Online - Ten Ten Resources</u> Module 2 Unit 4: <u>Safe Inside And Out</u> Module 2 Unit 4: <u>My Body My Rules</u> Module 2 Unit 4: <u>Feeling Poorly</u> Module 2 Unit 4: <u>People Who Help Us</u> We all work towards stopping discrimination We can talk about how we are allowed to learn and show more confidence in our abilities Showing Respect To All Kinds of Animals <u>Money - Shopping</u>	Module 3 Unit 1: <u>God is Love</u> Module 3 Unit 1: <u>Loving God Loving Others</u> Module 3 Unit 2: <u>Me, You, Us</u> We know how to help others including calling emergency services We talk about and respect the roles of people who help us We treat everybody equally and can talk about this We can begin to talk about what job we want to do when we grow up We can begin to talk about making the world a better place <u>Money - Coins</u>
<u>Year 1</u>	Story Sessions: <u>Let the Children Come</u> Module 1, Unit 2: <u>I am Unique</u>	God loves you Module 2, Unit 2: <u>Special People</u>	Three in one Bright futures

	Module 1, Unit 4: The Cycle of Life Star Qualities Positive Learners My Country I Know Which Coins I Have Got How Much Money Have I Got? E:Safety: Having Fun Online The Online World	Module 2, Unit 3: Can You Help Me? (Pt1) Module 2, Unit 3: Can You Help Me (Pt2) British people What makes me proud of Britain My country Is My Money Safe? What Happens When I Spend Money? E Safety: Feeling Safe Online	Jobs for all Going for goals Looking forward My School My Neighbour and my Community Do I Need That Or Do I Want That? Should I Spend Or Save? E Safety: Online Worries
Year 2	Module 1, Unit 2: Girls and Boys Module 1, Unit 2: Clean and Healthy (My Body) Module 1, Unit 4 Beginnings and Endings Module 2, Unit 1 God Loves You Module 2, Unit 3: Real Life Online Module 2, Unit 3: Rules to Help Us World environments Where Does Money Come From? What Money Have I Got? E Safety: Deciding What to Do Online People On The Internet	Module 1, Unit 3: Feelings, Like and Dislikes Module 1, Unit 3: Feeling Inside Out Module 1, Unit 3: Super Susie Gets Angry Module 2, Unit 3: Good and Bad Secrets Module 2, Unit 3: Physical Contact The earth's resources Combine Coins and Notes To Make Totals Money and How It Makes Us Feel E Safety: Talking to People Online	Module 2, Unit 2: Treat Others Well... Module 2, Unit 2: ...and Say Sorry Module 3, Unit 1: Three In One Module 3, Unit 1: Who is My Neighbour? Module 3, Unit 2: The Communities We Live In Planet protectors Spending Choices: Spend, Save or Give? E Safety: Sharing Photos and Videos Online

<u>Year</u> <u>3</u>	Story Sessions - <u>Get Up!</u> <u>The Sacraments</u> Module 1, Unit 2: <u>We don't have to be the same</u> Module 1, Unit 3: <u>What Am I Feeling?</u> Module 1, Unit 3: <u>What Am I Looking At?</u> <u>Why Do We Have Money?</u> <u>Where Could My Money Come From?</u> <u>Achievements</u> <u>Goals</u> <u>Living in Britain</u> <u>Democracy</u> E Safety: <u>Our Favourite Things to Do Online</u>	<u>Jesus, My Friend</u> Module 2, Unit 2: <u>Friends, Family and Others...</u> Module 2, Unit 3: <u>Sharing Online</u> Module 2, Unit 3: <u>Chatting Online</u> <u>How Could I Keep Track Of My Money?</u> <u>When Can You Give Money?</u> <u>Always learning</u> <u>Jobs and Skills</u> <u>Rules, Laws and Responsibilities</u> <u>Liberty</u> E Safety: <u>What To Do If You Feel Uncomfortable Online</u>	<u>A Community of Love</u> Module 3, Unit 2: <u>How Do I Love Others?</u> <u>How Does Money Make You Feel?</u> <u>No limit</u> <u>When I grow up</u> <u>Tolerance and Respect</u> <u>What does it mean to be British?</u> <u>Flat Stan First Aid workshop</u> E Safety: <u>The Rules for Friendship Online</u> <u>Keeping Safe in The Online World</u>
<u>Year</u> <u>4</u>	Module 1, Unit 2: <u>Respecting Our Bodies</u> Module 1, Unit 2: <u>What Is Puberty?</u> Module 1, Unit 2: <u>Changing Bodies</u> Module 1, Unit 3: <u>I Am Thankful</u> <u>What Is The Difference Between Wants Needs and Priorities?</u> <u>Spend, Save or Borrow?</u> <u>Recap - Goals</u>	Module 2, Unit 2: <u>When Things Feel Bad</u> Module 2, Unit 2 <u>Balancing Needs</u> Module 2, Unit 3: <u>Safe In My Body</u> Module 2, Unit 3: <u>Drugs, Alcohol and Tobacco</u> Module 2, Unit 4 <u>Recognising Risk</u> <u>What is Budgeting?</u> <u>How Do We Pay For Things?</u> <u>Recap - Jobs and Skills</u>	<u>What is the Church?</u> Module 1, Unit 2: <u>What is Puberty?</u> Module 1, Unit 2: <u>Changing Bodies</u> Module 1, Unit 4: <u>Life Cycles</u> Module 1, Unit 4: <u>A Time for Everything</u> <u>How Can I Spend Money Playing Online?</u> <u>Recap - When I grow up</u>

	Rights Are All Rights Equal? E Safety: Understanding Who Uses the Internet	Respect Rules Rights without responsibilities? E Safety: Understanding Who We Can Interact With Online	Are we so different? First Aid Heroes Flat Stan Workshop E Safety: Knowing Who To Trust Online
Year 5	Module 1 Unit 1: Calming the Storm Module 1 Unit 2: Gifts and Talents Module 1 Unit 3: Body Image Module 1 Unit 3: Emotional Changes Module 1 Unit 3: Peculiar Feelings How Money Can Make Us Feel? Spend, Save, Borrow or Lend? Identities Communities You Can Achieve Anything Breaking Down Barriers E Safety: Dangers To Watch Out For In The Online Space Group Chats	Module 2 Unit 1: Is God Calling You? Module 2 Unit 2: Under Pressure Module 2 Unit 2: Do You Want A Piece Of Cake? Module 2 Unit 2: Self-Talk Module 2, Unit 2: Confidence Vs Control Module 2, Unit 2: Build Others Up Wants, Needs, Priorities and Influence How Can I Be A Critical Consumer? Respecting the Law Local Government Future Focus Equal Opportunities E Safety: Online Comparisons	Module 3 Unit 1: The Trinity Module 3 Unit 1: Catholic Social Teaching Module 3 Unit 2: Reaching Out Module 1 Unit 4: Menstruation Keeping Money Safe National Government Making a Difference Innovation and Enterprise Onwards and Upwards Giving Assistance Flat Stanley First Aid E Safety: Thriving Online

<u>Year</u> <u>6</u>	Module 1 Unit 3: Seeing Stuff Online Module 1, Unit 4 Hope Beyond Death Who Pays For All Of This? How Do You Plan And Manage A Budget? Global Citizens Global Warming E Safety: Deciding What To Share Online Peer Pressure Online	Module 2 Unit 3: Sharing Isn't Always Caring Module 2 Unit 3: Cyber Bullying Module 2 Unit: Types of Abuse Module 2 Unit 3: Impacted Lifestyles Module 2 Unit 3: Making Good Choices Module 2 Unit 3: Giving Assistance Value For Money? Healthy Living	Module 1 Unit 2: Girls Bodies Module 1 Unit 2: Boys Bodies Module 1 Unit 2: Spots and Sleep Module 1 Unit 4: Making Babies 1 Module 1 Unit 4: Making Babies 2 Module 1 Unit 4: Menstruation (Recap) Flat Stan First Aid Energy Water Cycle - Waste and water Ethical Spending Cultural and Moral Perspectives? E Safety: Power in The Online Space Discrimination in The Online Space

Key:

RE themes - resources from the Come and See scheme of work and TenTen.

RSE - TenTen - [Life To The Full - Primary - Ten Ten Resources](#)

First Aid

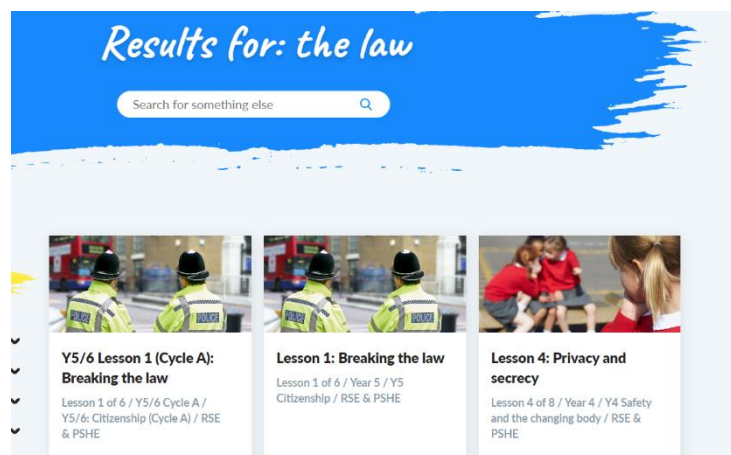
E Safety

Resources to use for Financial Education:

Oak National Academy Financial Education Unit.

Resources to use for British Values:

- Twinkl
- [British Values - KS1 PSHE Resources - Twinkl](#)
- [British Values | KS1 - Y1 & Y2 | SMSC | Hamilton Trust \(hamilton-trust.org.uk\)](#) Seems to only be KS1
- KAPOW - use the search tool at the top to search for British Values lesson objectives. Example here of searching for 'Respecting the Law'.



Resources to use for Aiming High:

- Twinkl [10,000 Top "Aiming High " Teaching Resources curated for you \(twinkl.co.uk\)](https://www.twinkl.co.uk/resources/primary/primary-english/primary-english-aiming-high)